

# TAEKWONDO AMERICA BELT RANK SYSTEM

Rank	Minimum Time in Rank	Form	Min. Class	Board Break Foot Technique and/or other testing requirements	Hand Technique	
WHITE	2 MONTHS	KI-BON	10	5 One-Steps (adults) 3 One-Steps (juniors)		
YELLOW	2 MONTHS	DAN-GUN	11	5 One-Steps (adults) 3 One-Steps (juniors)		
ORANGE	2 MONTHS	DO-SAN	12	5 Sparring Comb. (adults) 3 Sparring Comb. (juniors)		
GREEN	2 MONTHS	WON-HYO	13			
SR. GREEN	2 MONTHS	WON-HYO	13			
BLUE	2 MONTHS	JOONG-GUN	14			
SR. BLUE	2 MONTHS	JOONG-GUN	14			
BROWN	2 MONTHS	HWA-RANG	15	FRONT KICK OR SIDE KICK	1 ANY APPROVED	
SR. BROWN	2 MONTHS	HWA-RANG	15	FRONT KICK OR SIDE KICK	1 ANY APPROVED	
RED	2 MONTHS	CHOONG-MOO	16	SIDE KICK OR ROUND KICK	1 ANY APPROVED	
SR. RED	2 MONTHS	CHOONG-MOO	16	SIDE KICK OR ROUND KICK	1 ANY APPROVED	
1 <sup>st</sup> PROB.	4 MONTHS	GWAN-GAE	32	ROUND KICK / FRONT KICK ROUND KICK / SIDE KICK SIDE KICK / FRONT KICK	NONE	*
1 <sup>st</sup> DECIDED	4 MONTHS	POE-EUN	32	SIDE KICK / SPIN SIDE KICK ROUND KICK/SPIN SIDE KICK	1 STUDENT CHOICE	*
1 <sup>st</sup> SENIOR	6 MONTHS	GE-BAEK	32	ROUND KICK / ANY JUMP KICK SIDE KICK / ANY JUMP KICK	1 STUDENT CHOICE	*
2 <sup>nd</sup> DEGREE.	8 MONTHS	CHOONG-JANG	48	1 SPIN KICK & 1 JUMP KICK	NONE	*
2 <sup>nd</sup> DECIDED	8 MONTHS	YOO-SIN	64	1 SPIN KICK & 1 JUMP KICK	1 STUDENT CHOICE	*
2 <sup>nd</sup> SENIOR	10 MONTHS	UL-JI	80	1 JUMP SPIN KICK & 1 SPIN KICK	1 STUDENT CHOICE	#
3 <sup>rd</sup> DEGREE (13 Yrs. Old)	12 MONTHS	YON-GAE	96	1 JUMP SPIN KICK & 1 JUMP KICK	1 STUDENT CHOICE	
3 <sup>rd</sup> DECIDED (15 Yrs. old)	12 MONTHS	JUCHE	96	1 JUMP SPIN KICK 1 JUMP OR SPIN KICK & 1 BASIC KICK	1 STUDENT CHOICE	#
3 <sup>rd</sup> SENIOR (18 Yrs. Old)	12 MONTHS	KO-DANG	96	SAME AS 3 <sup>rd</sup> DEGREE	2 STUDENT CHOICE	#
4 <sup>th</sup> DECIDED (21 Yrs. Old)	2 YEARS	CHOI-YONG	192	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 SPIN KICK & 1 BASIC KICK	1 STUDENT CHOICE	#
4 <sup>th</sup> SENIOR (23 Yrs. Old)	2 YEARS	TONG-IL	192	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 SPIN KICK & 1 BASIC KICK	2 STUDENT CHOICE	#
5 <sup>th</sup> DEGREE (25 Yrs. Old)	5 YEARS	MOON-MOO	480	1 360 JUMP SPIN KICK 1 JUMP SPIN KICK 1 JUMP KICK 1 SPIN KICK & 1 BASIC KICK	2 STUDENT CHOICE	#

**NOTE:** Black belts are required to have at least 48 classes in last 6 months and 16 within last test cycle

\* = Pick 1 Combination use Different Legs  
# = 1 – 3” station – men  
1 – 2” station – women  
Must use both legs